

# NEW YEAR *NEW YOU!*

Are You ***Over 60?***

Do You Want to Try **Something Different?**

Do you ***live local?***



Then why don't you come along and find out more about what we do? You may even make a new friend? Each week we organise lots of different things; **crafts**, **singalong**, **pottery**, **Painting**, **jewellery**, **Tai Chi**, **yoga**, a **60+ health club**, **bingo**, a **men's club** and more....

Its only £10.00 a year to become a TAP member

**Third Age Project, Crypt Centre**

(beneath St Mary Magdalene Church), Munster Square, NW1 3PL

**Phone: 020 7383 4922**



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