



Volunteers Needed

We are currently recruiting new volunteers who are interested in taking on a range of different roles to enable our charity to expand the range of activities and support services and to meet the changing needs of our own members.

Induction, support and Training will be given

Volunteering roles include:

- Help with our Summer Activities Programme
 - acting as escorts to and from our activities,
- taking wheelchair users in to Regents Park as part of our Health Walks
- Acting as volunteer walk leaders on London Trips eg. to Kew Gardens
 - Acting as volunteer interpreters and Networkers
 - Helping to run our community café
 - Offering to run a workshop eg. cookery demonstration
- Acting as Welcome Hosts and Buddies for new members

IF YOU ARE INTERESTED IN VOLUNTEERING PLEASE COME AND MEET US:

2.00—3.00 pm

Tuesday 12th July 2016

Crypt Centre, Munster Square, NW1 3PL

Phone: 020 7383 4922

Pease speak to Tony or Urmi
at the Third Age Project





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